



**afadu**  
aid · for · africa · down · under

WINTER 2011

# Come Alive!

NEWSLETTER OF AID FOR AFRICA DOWN UNDER (AFADU)



MAIN PHOTO: The community receive their Wrap With Love gifts delivered by container 13 in March

*This issue:*

**CONTAINER NO.13 ARRIVES**

**GRINDING MILL PROJECT OPERATIONAL**

**HUGE HAMILTON ISLAND ZIMBABWE BASH**

Raises \$18 500 for nursing school

**AFADU LAUNCHES MEMBERSHIP PROGRAMME**

**WE MEET** New AFADU Chair Craig Gear

# Welcome!

## CRAIG GEAR - New Chair of AFADU

*Craig took over the wheel of AFADU from founding chair Jules Routledge in November 2010. Craig is a senior manager in PricewaterhouseCoopers health consultancy practice and has a background in nursing, working in the justice and emergency sectors in NSW... This is his story:*

In a hotel room, as I often am, my thoughts switch between my 'paid' job and AFADU – Am I making a difference? Am I really sticking to my values? Checking the internet ... an article on smh.com catches my eye. It's in regard to a visiting expert on the achievements of microfinance. I've heard a lot about it lately but haven't given it a whole lot of thought ... and then I start to think about AFADU and what it has achieved in Chikombedzi ... and what motivated me to become a Board member ...

I'm a relative new comer to AFADU – heard about it, seen the pictures, didn't really connect. But then I heard about Tawanda (his name means one of many' in Shona). A child born, literally, the size of the hard back novel that I'm reading. The story of Tawanda moved me ... but to be frank, it didn't change me. What did was the day I heard Tawanda had died. That was the day I decided. Like many of you, the passionate' people I connected with. I committed some cash ... But more was to come. Next for me was a Board meeting and as-sisting with some planning'. It was great using What I knew' – But what could I really do? ...

Knowing we can make a difference as an individual so far away can sometimes be hard. One person I was speaking to about the work AFADU's work in Zim said What we really need is regime change! What can one person really do? It's going to make bugger all difference!"

Back in the hotel room, still comfortable, still in my world, I happened to pick up a copy of GQ magazine – Hugh Jackman – he's conquered Hollywood and now he's out to change the world ... OK here we go! Another Madonna! Sceptical, I read on.....

*Be that people are extraordinary, " How can you give aid that empowers them and is sustainable so that the aid agency isn't there forever? " asks Jackman. It's a difficult question to answer: it's not just microfinancing; it's not just water; it's not just education. It's all these things, and you have to tackle it as a community and raise the community up."*

Hugh's words are similar to the history of AFADU, and the way it has gone about its work. His journey and



contemplations, I suspect, are the journeys, contemplations (and questionings) of most of us involved with AFADU. I would commend reading the rest of the article as it is a good map for the work AFADU has done, and is doing. And so two micro-finance articles in the space of two hours! ... I'm learning solutions and ac-tions

are complex in what we're doing with AFADU. But microfinance work is what AFADU and its supporters are already doing! ....The LCV water project, the LCV Sewing Group, the Grinding Mill. Thank you to all of our supporters who have believed in these projects and supported them .... You are building a sustainable future for the people of Africa!

As the new Chair of the Board, I very much sit on the shoulder's of giants' ...those who have come before me and those who have built a fantastic foundation for our work - what we are going to do in Zimbabwe and be-yond. Can I really make a difference other than just giving a bit of money that makes me feel good? ...Well, Hugh turns to Socrates, of all things!.... He quotes: It's better to be refuted than to refute'.

So maybe, we can make a difference? ....I'd rather be questioned about how helpful have you really been in Africa?' than to not have tried to be helpful in Africa at all!

*Craig Gear*

## About Aid For Africa Down Under (AFADU)

AFADU is a not-for-profit charity based in Australia which supports charitable works in Southern Africa, particularly Southern Zimbabwe, where a children's orphanage and local hospital are provided with funds and material support from sponsors and donors from Australia. All funds go to support children, their carers and the communities in which they live. All premises, printing, media, legal, transport are donated by sponsors and volunteers so that there are no administrative costs. All the goods and funds received therefore go directly to the children and the community development projects that AFADU supports. Come Alive! is produced as an aid in providing sponsors, members and interested people with information about the work being done by the organisation and its supporters. Further information is available at AFADU's website at [www.afadu.com](http://www.afadu.com), by emailing [afaducomealive@yahoo.com](mailto:afaducomealive@yahoo.com) or writing to PO Box 3023 Redfern, NSW, 2016 Australia. ACN: 107 632 904

# Afadu Projects

## Alison Lewin

Alison Lewin is a New Zealand lass who, as with many of us did, participated in a field trip to the AFADU projects in Zimbabwe and became caught up in the work being done there. Alison has been on the ground', supporting the work of Lirhanzo Children's Village and the Chikombedzi Mission Hospital for the past eight months and the following is a summary of some of her report of work being carried out there. education.

## Chikombedzi Mission Hospital

The hospital is staffed by two doctors, around 25 nurses and 30 nursing aides, as well as general staff. The hospital's problems are almost overwhelming with no reliable water supply, a broken down sewerage system and lack of electricity due to power failures and broken generators. Surprisingly, the hospital still manages to maintain a good standard of hygiene and has had few avoidable deaths.

Alison personally provides additional funding to retain the services of the hospital's Hospital Administrator and has been preparing funding applications, developing hospital procedures and even painting and decorating the hospital's guest house (a source of self generated funds for the hospital). The hospital relies heavily on self funding projects such as the carpentry shop, guest accommodation and market gardening. Her work on the ground is invaluable, as is continuing support for the hospital.

## Lirhanzo Children's Village

The formal recognition of the Village as a registered orphanage in 2010, brought it under government regulation and the ongoing administrative reporting and establishment of formal procedures that this entails. This work is a legal requirement and must be carried out in order for the Village to retain its status. A part of this regulatory requirement and a major challenge for the Village is staff training related to the recognition and treatment of trauma in the children of the Village. Social Welfare procedures are a vital requirement but are difficult for the staff of the village to produce given their already full responsibilities for the care of the children.

# Green Living

*Green Living magazine is a bi-monthly magazine published in Australia and New Zealand and aims to provide advice to readers on sustainable living. Green Living has been a wonderful supporter of AFADU and the Lirhanzo Children's Village, providing a column in each issue in its Go Green' pages and is headed Postcard from Lirhanzo highlighting the latest developments in the work being carried out at the village.*

*Past issues have given prominence to the stories of particular village children, the official opening of the village and most recently the hospital and nursing school development and funding needs.*

*AFADU is greatly appreciative of the support given by Green Living and commends the magazine for its wonderful spirit in assisting the children of Zimbabwe.*

## HOW CAN I HELP?

The hospital needs cash, pharmaceuticals and equipment and the nursing school needs considerable funding for the construction of more buildings. Text books and nurses learning aids are also required. If you think you can help in any of these projects please contact AFADU via the email or other means shown on page 12.



## The Grinding Mill

In mid 2010, Delphine Archer, a long-term supporter of AFADU and our projects in Zimbabwe, accompanied the team on their annual field trip with a view to funding another community project.

With valuable input from overall project coordinator, Ezelle Schimper and other key community members, Delphine decided she would establish a grinding mill close to the Lirhanzo Children's Village. This income generating project would not only create a community meeting point to further generate sales of vegetables from the LCV garden and bread from the brick pizza oven that was also planned but would negate the need for the locals to travel so far, often on foot, to and from the mill.



Delphine with mill owner Mr Makondo at the Chikombezi mill

The other positive features of this particular project were the reduction of grinding costs for the Lirhanzo Children's Village and other families living close. As a bonus, it would provide employment for 2 of our older orphans once they had learned the skills to take it on.

Delphine, encouraged and supported by Julie Routledge, researched the project and talked to other Mill owners in the area. A convenient site was then earmarked close to both the Lirhanzo Children's Village and the newly established Accelerated Christian Education School. A project manager was found and challenges to the success of the new scheme such as security of the mill, mechanical breakdown and lack of staff training were identified and solved. Once approved by the AFADU Board the project began.

By January 2011 all the necessary permits had been obtained and the mill, a Drotsky S6 and 20HP Lister engine had been purchased and transported to Edenvale Farm. The bricks to erect the building that will house the equipment had been made and the



Local women carrying ground maize home after grinding.

structure erected by the local community.

Teething problems were dealt with and training of the new operators under complete supervision was commenced until it was ensured that the equipment would be maintained to a high standard. A ticketing system was then arranged to simplify the process of handling money.

Once the project manager was happy that the new equipment could be operated without supervision, the mill and engine were transported to the new site.

The mill is now fully operational bringing in much needed funds to the community, thanks to the love and generosity of Delphine Archer and her family.



Community meeting point

# We Need You!

## BECOME A MEMBER OF AFADU

We are thrilled to announce that AFADU has commenced a MEMBERSHIP PROGRAM ...and is looking for your support.

### AFADU MEMBERSHIP

For as little as \$38 dollars a year you can input to AFADU's direction and work. Signing up to be a member provides added support to AFADU, our governance and expertise. It also allows you to input to the future direction of AFADU and its projects.

### AS A MEMBER YOU WILL:

- Receive the 'Come Alive' biannual printed newsletter.
- Attend special events such as sustainable community development and other information sessions at discounted member rates.
- Have direct input into development of on-the-ground projects.
- Participate in the governance of AFADU through AGMs and board elections.
- Sponsors to our Child Education Fund receive the option of membership as part of their annual sponsorship.

*Sponsors to our Child Education Fund receive the option of membership as part of their annual sponsorship. We promise to value the knowledge, expertise and networks of our members. 50% of all membership fees go directly to key on the ground AFADU projects.*

## PLEASE HELP US GROW OUR WORK

Complete the form inserted in this newsletter and email to: [membership@afadu.com](mailto:membership@afadu.com)  
or Post to: Membership, PO Box 3023, Redfern NSW, 2016

If you do not wish to become a member – become a 'Friend of AFADU'!  
Friends of AFADU will be kept up to date with our work on a regular basis through occasional emails and our Come Alive Bi-Annually newsletter.

If you would like to become a friend of AFADU, please email [info@afadu.com](mailto:info@afadu.com)

*AFADU: Supporting innovative and sustainable development projects and programs in collaborative partnerships with local and overseas communities - In the areas of health, vocational skills and training, community education and community development and support.*

Complete the application form and email to:  
[membership@afadu.com](mailto:membership@afadu.com)



# Hamilton Island

## - The Island with a heart!

Pam Harrison reports on the generosity of the Hamilton Island community in Queensland and its contribution to AFADU projects in Zimbabwe:

For three years I have been living and working on Hamilton Island after my husband was transferred from Darwin to run the Island Airport Fire Service. At this point my stock standard answer is I know but someone has to do it however, The Rock is special for more than the obvious reasons! Hamilton Island, one of the 74 spectacular Whitsunday Islands, is unique. The stream of happy holiday-makers who come to relax and have fun are complemented by a community of 1500 staff and permanent residents and it is this community which has chosen to give so much to our Zimbabwean projects.

For starters, our WHINE CLUB, a group of island ladies who meet on Sunday afternoons for a natter, a laugh and a wine each bring along \$2 a week that adds up and pays for sponsorship of Zipporah one of the orphans at the Lirhanzo Children's Village. The members have a folder of photos showing her progress every few months and it has been heart warming to see this little girl finally smiling again after the sadness of losing her mother from HIV/Aids. Other generous individuals on island also sponsor children.



Zipporah—sponsored by the HI Whine Club.

The REEF VIEW HOTEL became involved after hearing about the critical shortage of linen at the Chikombedzi Hospital and donating over 300 superseded, but still excellent quality bed sheets. For a small African hospital this gift is nothing short of a miracle.

Dr. Lewin and the HAMILTON ISLAND MEDICAL CENTRE have been so generous. Updated but still working, life-saving equipment such as ECG machines, a centrifuge, a steriliser and assorted other pieces of medical equipment were also sent and are now being well used in the clinics and the Operating Theatre at the Chikombedzi Hospital. The island AMBULANCE SERVICE have also started giving me equipment and wound dressings which are superfluous to their needs but are welcomed with open arms once they arrive in Zimbabwe.

In December 2010 the entire island got behind a Fundraiser AFADU held at the HAMILTON ISLAND YACHT CLUB that raised over \$18,500 to go towards accommodation dormitories for trainee nurses who will attend the Nursing School that has already been built with AFADU funds. This night was a fantastic opportunity to enjoy African food, African drumming, the African film Tsotsi and for our community to dig deep at the fun-filled auction made possible



Boxes of medical equipment being barged off the island

by our local community who donated so many magnificent things. It was a one off night that we will never forget!

This year, donations continue to pour in such as more medical equipment, replaced bikes and toys from the kindergarten and staff uniforms that have been changed and updated. They will be freighted to Sydney and will be packed in the next container (container 14 - see page 3) that is sent from there to our Zimbabwean community.

THANKYOU, Hamilton Island, the Island not only with a Heart but a Soul!

### NURSING SCHOOL

The Chikombedzi Nurse Training School began about four years ago and with the Nursing School and dormitories being built in conjunction with the Chikombedzi Hospital, the majority of funding being raised in Australia. The school is a bricks and mortar project consisting of the construction of lecture rooms, library and offices, as well as student accommodation. It is an important project for the continuing education of local people as well as for providing future nursing staff for the hospital which has suffered from a chronic shortage of trained staff.

*If you are able to help please see page 10 for contact information.*

# Containers: 13th AFADU container arrives in Lirhanzo

## Ian Routledge reports:

The container that recently arrived at the village was the 13th container that AFADU has sent since we started the container project several years ago and was the result of the work of a wonderful support team.

## Logistics

We were working out of a site that was kindly donated by Sundowners caravans in Hornsby, north of Sydney and we were only able to access the site on certain days. Donations had to be sent to a location in Newcastle that was controlled by Mike Young, our main co-ordinator on this project. He then had to load a trailer and move these to Hornsby so that we could have a few packing days to load the container. This logistical problem was overcome by the can-do attitude of Mike that made this all work, together with Pam Harrison who had coordinated a lot of the donations, including medical supplies and supplies for the school and the hospital that we support. We also sent a large amount of blankets courtesy of Wrap with Love and many more donations that all help with the projects that we have underway in Zimbabwe.

The container was finally packed and left on a vessel from Sydney Mid January 2011 and this was again courtesy of our long term supporter PIL Shipping and they have moved every container that we have sent to Zimbabwe. The vessel arrived in Durban end February and was finally moved to Zimbabwe in March after all the clearances were made. In Africa there are a lot of hurdles to overcome and each container faces a different problem but so far every container has arrived and the picture of the container being emptied is a true testament to the value of the project. The added benefit is that the local community gets to keep the container which they can use for storage or accommodation in the village at the hospital or the school.

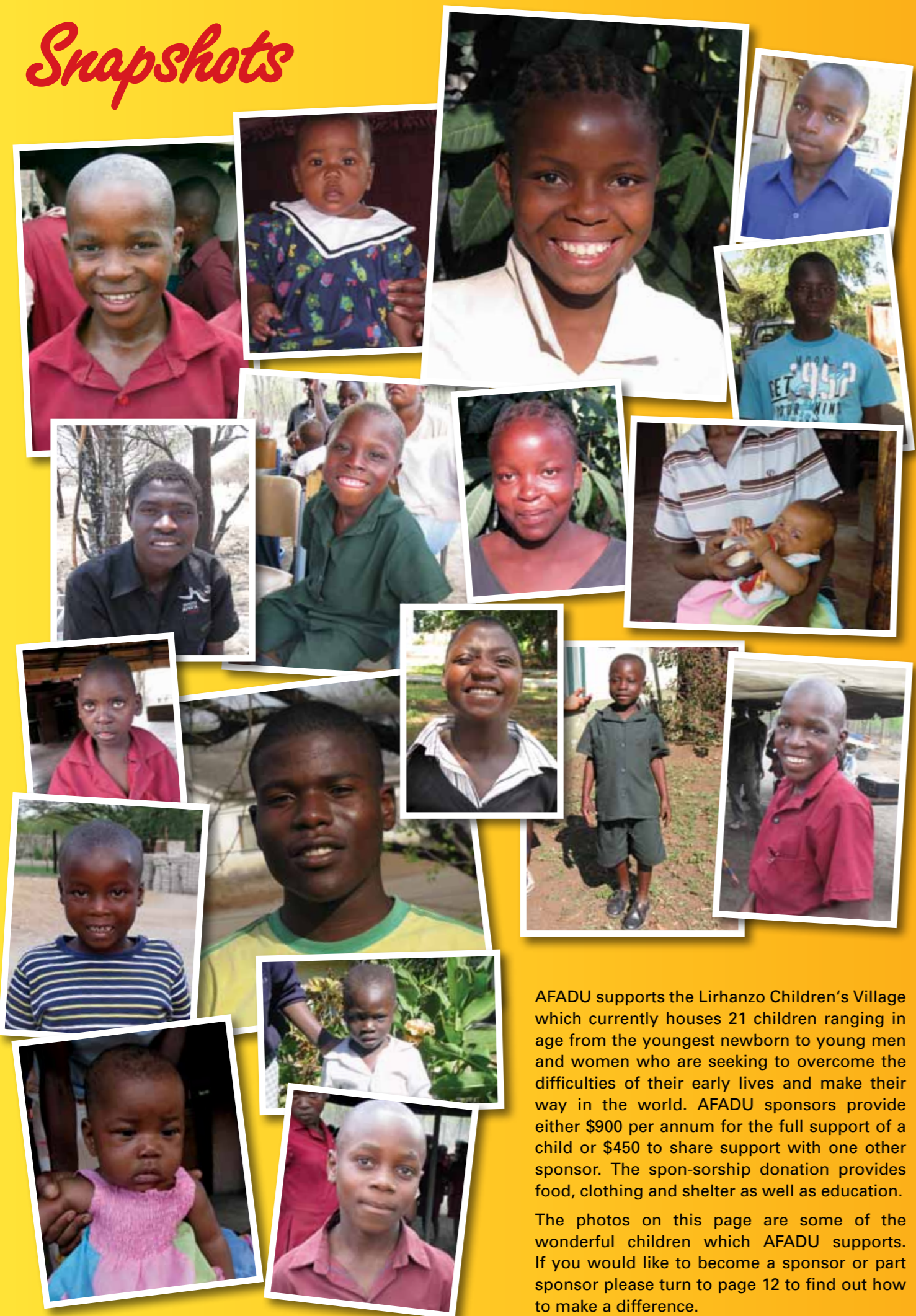
Thanks to the many people who help us; the people that pack the containers, donate goods and services and work with me to get the container delivered. A massive thanks goes to Delphine Archer who has paid for the transport costs in Africa for the last several batches of containers and that is a great help.



Photos show the container seal being broken at Lirhanzo, the contents unpacked and some of the gifts being received by the community - Back Packs for the Future from Angie Wear's campaign in Darwin, strollers from Sydney organised by Dezi Terzopoulos and Love in a Box donations from schools around Australia.



# Snapshots



AFADU supports the Lirhanzo Children's Village which currently houses 21 children ranging in age from the youngest newborn to young men and women who are seeking to overcome the difficulties of their early lives and make their way in the world. AFADU sponsors provide either \$900 per annum for the full support of a child or \$450 to share support with one other sponsor. The sponsorship donation provides food, clothing and shelter as well as education.

The photos on this page are some of the wonderful children which AFADU supports. If you would like to become a sponsor or part sponsor please turn to page 12 to find out how to make a difference.

## THE CHILDREN

# The Children

We sometimes think that we have done our bit and we receive the odd report about where our money and donations go. But on the ground in Zimbabwe, there is no luxury of turning to other things. The work of raising, caring for and educating the children goes on. This is no simple project but requires an ongoing and dedicated commitment to the lives of many of the children of the district. Ezelle and her team clothe and feed, educate and train, and otherwise directly care for over 32 children, as well as support other children in the surrounding community. She also provides AFADU with feedback on the progress of her charges. But behind each simple report is a story of love and hope for the future.



Another email of the success stories of Ezelle and everyone at the orphanage.



## Update on student progress

Earlier this year 2011 Ezelle wrote:

*LCV 912' scored 6 A's and 4 B's on his O'levels, which is very good. So we enrolled him at Lundi High School as a boarder so he can study his A' levels there. He wants to become an accountant, so will take commercial subjects.*

*Some of our children competed in athletics at district level. LCV 92 got a 3rd place in high jump and a 4th in the 100 metres. Others participated in long jump, and the relay, and we are very proud of them. They are really discovering their talents and getting confidence.*

*...more letters and photos I will send later. It's a bit crazy here.*

*Love to all  
Ezelle*

### LCV 913

*You stand so straight,  
third from the left  
in your bright check dress no frills.*

*In a hut alone  
with sibling twins*

*you waited till the rancher's wife,  
gentle white gardener  
gathered you in.*

*Your school reports flower  
praises each semester; purple sentences  
underline your growing so tall.*

*We had only the tip  
of a notion*

*how you would bloom.*

AFADU tries to send a package, with photos, to all sponsors so they can see how their children are going and to thank them once again for their contributions to the orphans' wellbeing and education. As Ezelle wrote, it's a bit busy at the orphanage, any time of year so please forgive us if you haven't received your update yet.

*In order to protect the privacy of the orphans, surnames are rarely used and on this page, first names have been replaced with the identity code numbers used in official LCV rec-ords. This provides an opportunity to emphasise the general, not the particular, achievements of ALL the AFADU orphans - no matter what levels they reach in their individual school grades - or over the high jump bar! They are all success stories. They are all LCV 912'. LCV 913' is Everyorphan'.*



# LVC June Report 2011

The Lirhanzo Children's Village was registered with the Zimbabwean government's Ministry of Social Welfare in 2010 providing official recognition of the work of the local community. Governance of AFADU involvement in the Village is provided in part by regular reporting of activities in the village. Margaret Mutero is the manager of the Village children and reports regularly to the AFADU board.

Her most recent report includes some of the following information which is of particular interest.

## Accommodation

The Village houses and supports 32 children (17 boys and 15 girls) as well as four Guardian Mothers and their children. Many of the children had been abandoned by their families and have been referred to the Village from the Ministry between Jan and June we received children every month from Social Welfare and most of them were dumped babies, reports Margaret.

## Education

Apart from the primary school (LCV Mission school which is housed in the Village) and Alpha Mpapa Secondary School in Chikombedzi, older students from the Village attend technical education (motor mechanics) at College in the nearest major town, Chiredzi.

## Health

Major health problems include malaria and HIV/AIDS with treatments being difficult to access and very expensive for local people. Margaret's report advises that many people were dying in their homes due to their inability to afford treatment, a situation which appears to be easing with treatment now available at Chikombedzi hospital. In addition, the hospital now has a new ambulance, donated by Barclay's Bank of Zimbabwe.

## Water Project

AFADU provided funding for the purchase of water tanks as part of the installation of a water system, providing water from the nearby Mwenezi River to the Village and surrounding community. The LCV farm and gardens have been planted with wheat, sugar beans and vegetables.

## Chipo

Readers of the last newsletter may remember that Chipo was to have an operation to have an artificial eye inserted. This was successfully achieved in May. Chipo is now looking very beautiful and with an ever happy face since the operation reports Margaret. Margaret is married to husband Crispin who has recently been promoted to Deputy headmaster at Mpapa Secondary school, and adds a postscript to her report:

Finally I would like to thank all contributors of LCV. You are really making a difference to LCV children and staff. Thank you so much.

# Spotlight on Reggie and Emily

My name is Emily O'Donnell and I am the education fund coordinator for AFADU. I am also the sponsor for Reggie. I became involved with AFADU by chance – my flatmate worked with Jenny Reading who was running the child sponsorship program at the time. She was sponsoring a child and asked me if I would like to sponsor... and the rest as they say is history!

I don't remember being too fussed about who I sponsored but Reggie's story immediately appealed to me. He is the youngest of five children – I am also from a large family – and he was born on 6 September 2001 so he is the same age as one of my sisters, almost to the day. Reggie's parents were older when they had him and his mother died soon after birth due to complications. As is sometimes the custom, Reggie was originally named Revenge due to the sad circumstances surrounding his birth. Reggie's father Hanyani is still alive but could not care for him on a day-to-day basis because he had to travel to South Africa to find work (a routine occurrence during the economic hardships in Zimbabwe over the past 10 years).

Reggie was placed with Ezelle and Margaret at the Lir-hanzo Children's Village after his father cycled 80 kilometres to ask for baby formula. Hanyani still maintains a connection by visiting Reggie during the holidays and in spite of his inauspicious beginning Reggie is very sweet, shy and diligent in his studies. I know because I have visited Reggie twice!

The first time I spent 3 months in Zimbabwe in 2008 and I was blown away by what they had accomplished with so little. Seeing the program for myself and establishing a personal connection with Reggie made it all that much more real. When I came back to Australia I decided I wanted to become more involved with AFADU. I had done volunteer work before but never found something that really grabbed me. However by this point AFADU and the Lirhanzo Children's Village felt like family to me and there was no way that



I could turn my back on their impressive achievements. I now coordinate the education fund and child sponsorship program. Although there is a lot of responsibility in fundraising for the future of 60 children, the rewards are certainly worth it. And of course I must thank all of the sponsors because without you we would not have AFADU.

*Emily O'Donnell*



# Recipes from Zimbabwe

## Sadza

Sadza is the Shona Language name for a cooked corn meal that is the staple food in Zimbabwe and other parts of southern and eastern Africa. Other names include isitshwala (Ndebele). Sadza in appearance is a thickened porridge. The most common form of sadza is made with white maize (Mealie – Meal). This maize meal is referred to as hupfu in Shona or impuphu in Ndebele. Despite the fact that maize is actually an imported food crop to Zimbabwe (circa 1890), it has become the chief source of carbohydrate and the most popular meal for indigenous people. Locals either purchase the meal in retail outlets or produce it in a grinding mill (as described in Delphine's report (page 3) from their own maize.

Preparation is a more complicated process than it may first seem from the appearance of the food. The sadza is usually served in a communal bowl or separate plates and is taken with the right hand, rolled into balls, and dipped into meat, sauce, gravy, or stewed vegetables.

Source: *A Pan-African Feast: A Cookbook from the Africa-Australia Friendship Association of NT Inc. 2008.*

## Tomato & Lamb Bredie

Contributor: Irene Smith

This is a favourite with all ages.  
Bredie is an Afrikaans word for stew.

1½ kg of trimmed lamb forequarter chops

2 finely chopped onions

3 finely chopped cloves of garlic

1 tsp fresh chopped ginger

1 kg of ripe tomatoes, blanched and diced  
(or a can of diced tomatoes)

2 heaped tbs of tomato paste

3 whole cloves

2 large cinnamon sticks

1 tsp ground cinnamon

6 large diced potatoes

3 tsp of brown sugar (optional)

salt to taste

oil for cooking

Heat the oil in a large saucepan and add the onion, garlic, ginger and chilli. Stir the mixture and cook until golden brown. Next add the meat, cinnamon and cloves. When this has browned add the tomato. Stir well and simmer for 40 minutes. After this time, increase the heat a bit and add the potatoes. When the sauce starts boiling again reduce the heat and simmer for another 30 minutes, then stir in the tomato salt and sugar. Simmer for another 15 minutes. Serve Tomato Bredie with rice or pasta, and to really enhance the flavour of this meal, serve with coriander salad as well.

## Mchuzi Wa Njugu Mawe Mchanganyiko (Curried Chick Peas Mixed With Green Vegetables) - Tanzania

Contributor: Frederica Gaskell

Most beans found in Tanzania are used either green or dry. Beans can be cooked as a full meal with maize, mashed green bananas, soups or as accompaniment or a complement to other main dishes.

250 grams cooked chick peas

100 grams green beans

100 grams carrots (cut into rounds)

1 large brown onion

2 tsp crushed garlic

2 Tbl mild curry paste

1 tsp ground curry powder

1 tsp ground nutmeg

400 ml coconut milk

salt, oil and cayenne pepper

Chop onions and fry until brown. Add crushed garlic and fry until both onions and garlic are cooked and a bit brown in colour. Add all other spices, then coconut milk; slowly cook until boiled for 5 minutes making sure all spices are well mixed. Then add carrots and green beans. Service with boiled rice of chapattis.

# Child Sponsorship & Donations



### HOW CAN I HELP?

AFADU currently has a range of ways you may help the children of Lirhanzo and the surrounding community.

### SPONSOR A CHILD

Full sponsorship of the care and upbringing of a single child INCLUDING THE OPERATIONAL RUNNING OF THE Village (eg wages for carers and management), education, food, health and medical care, is \$900 per annum. AFADU invites sponsors to share with friends and family and contribute this amount in supporting a child and in doing so supporting the community at large. Through sponsorship funds, opportunities are generated for the community and its children to grow and eventually be self-supporting.

Contact: Emily O'Donnell at [emily.odonnell@gmail.com](mailto:emily.odonnell@gmail.com)

### NURSING SCHOOL

To complete the dormitories where the student nurses live we need a sum close to \$10 000. Medical and Nursing text books are still required for the School reference library and equipment such as white boards and learning aids are needed.

Contact: [info@afadu.com](mailto:info@afadu.com)

### ANIMAL BANK

AFADU supports the Lirhanzo Animal Bank program which provides goats, sheep, cattle and donkeys for the Village. Sponsors may donate an animal to a specific orphan by providing \$50 for the care and upkeep of a goat. Animal donations are important as a source of training in animal husbandry as well as food. Contact: [info@afadu.com](mailto:info@afadu.com)

### SPECIFIC PROGRAMS

AFADU welcomes donations from individuals for fund specific programs and encourages individuals to come up with a project of their own and participate in one of our regular field trips with a view to improve the lives of the children or the local community.

Contact: [info@afadu.com](mailto:info@afadu.com)

### GENERAL DONATIONS

If you would just simply like to make a donation, we welcome one off or regular contributions of any size. These can be made via Pay Pal, Direct Deposit or by cheque and you will find all that information on our website.

### FURTHER INFORMATION

More details about the work of AFADU are available at our website: [www.afadu.com](http://www.afadu.com), email [info@afadu.com](mailto:info@afadu.com) or you can write to PO Box 3023 Redfern NSW, 2016, Australia.

*Kiss the Sky*  
CREATIVE MEDIA

EDITORS: David & Susie Utting  
DESIGN: Kiss the Sky  
ACN: 107 632 904





**afadu**  
aid · for · africa · down · under

[WWW.AFADU.COM](http://WWW.AFADU.COM)